



# INTUITIVE EATING PRO CERTIFICATION

Evelyn Tribole, MS, RD, co-author of INTUITIVE EATING certifies that

**Kristine Lyngsoe Andersen**

has completed the hours and coursework required for Intuitive Eating Counselor certification, via the following activities:

## COURSES:

- Intuitive Eating Teleseminar- 6 hrs Activity Code 171 Live Webinar/Teleseminar
- Intuitive Eating Group Supervision- 4.5 hrs Activity Code 170 Live Lecture
- Passed Intuitive Eating Workbook Quiz
- Passed Helm Intuitive Eating Certification Exam

Evelyn Tribole , MS, RD

July 23, 2020

Date